

I Am the Bread of Life

John 6:22-59

December 4, 2022

Sermon Sketch: In the first “I am” statement we will study this Advent, Jesus reveals Himself to be the Bread which has come down from heaven, and as such is the Bread of Life.

- 1) How have you sought to be grounded in who you are in Christ this past week? (Carol Sermon #19 – Mary Did You Know?)
- 2) What is your favorite flavor of homemade bread? What style of bread will you order in a deli when they are making you a fresh sandwich?
- 3) Have you ever baked bread from scratch? What is your favorite part of the process?
- 4) What do you think would come to mind when the Jews first heard Jesus identify Himself as the Bread of Life, and as the Bread which has come down from Heaven?
- 5) Why do you think Moses commanded that a jar of manna be placed in the Ark of the Covenant (Exodus 16:33 and Hebrews 9:4)?
- 6) How is Jesus’ statement in John 6 connected to His instructions on prayer in Matthew 6:5-15?
- 7) With bread being a cornerstone of the ancient diet, how will you pursue making Jesus the cornerstone of your existence?
- 8) Fresh bread is an amazing gift to give. How might you give away Jesus during this holiday season?
- 9) How does Jesus’ statement that He is both the Bread of Life, and the Bread which has come down from Heaven inform your understanding of taking Communion?
- 10) If the old adage is correct, “You are what you eat”, how does eating the bread of communion transform you?